



Herlev figure skating club, Denmark has the pleasure of inviting skaters to participate in the international figure skating competition ISBLOMSTEN 2010 for the following categories; **senior, junior, novice, debs, springs** and **cubs**.

Organizer

Herlev Idrætsforenings Kunstskejteafdeling, Tvedvangen 204, 2730 Herlev, Denmark.

Dates

ISBLOMSTEN takes place February 5th – 7th, 2010.

Place

Herlev Ice rink, Tvedvangen 204, DK-2730 Herlev

The rink is situated approx. 20 km from Copenhagen Airport and approx. 15 km from Copenhagen city center. Indoor heated rink, size 30 x 60 meters.

Rules of the contest

The competition will be conducted in accordance with the ISU Constitution and General Regulations 2008, the ISU Special Regulations & Technical Rules Single & Pair Skating 2008 as well as all pertinent ISU Communications.

Entries

Senior, ladies and men, Junior, ladies and men, Novice, girls and boys, Debs, girls and boys, Springs, girls and boys and Cubs, girls and boys are invited. Please see the enclosed technical data for requirements.

Each club can enter 2 competitors in the categories Springs, Debs and Cubs. In Novice, Junior and Senior the clubs can enter more competitors. The organizing club has the right to enter more participants in all categories. The organizing committee reserves the right to limit the number of entries up to a maximum of **100 participants** in relation due to limited time available. In the case we receive a large number of entries in one category, we might consider dividing the category in question into two groups, or contacting the clubs concerning a reduction of entered participants, depending on the time available.

The competitors will only be allocated time to practise on Friday and Saturday if the appropriate box is ticked off on the entry form. For Cubs and Springs only one practise will be scheduled, which will be on the day prior to competing. Please do not tick off Friday on the entry form, if arriving on the Friday is not an option. If no check marks have been made on the entry form, we will assume the competitor does not wish to practise.

The invitation has been sent to the National associations of Sweden, Norway, Finland, Iceland, Germany, Netherlands, The Czech Republic and Great Britain and to all clubs in Denmark.



To participate, please fill in the enclosed entry form and return it to the following address:

**Herlev Idrætsforenings Kunstskøjteafd.
Herlev Skøjtehal
Tvedvangen 204
DK-2730 Herlev**

or by e-mail: info@hiku.dk

no later than **December 15th, 2009.**

Preliminary practice and competition schedule

Friday February 5th, 2010

- Practise
- Opening draw

Saturday February 6th, 2010

- Competition
- Practise

Sunday February 7th, 2010

- Competition
- Victory Ceremony

A detailed program will be sent after the deadline date (Dec.15th) when all entries have been received.

Music

Music will be played from CD or MD. CD or MD must be handed in to the organizers at point of registration. The music medias must be of good quality and must state the full name of the competitor, country, name of club and category in which he or she is entered. All music will be returned to the team leader by the end of the competition.

Judges & technical panel

The participating clubs may propose a judge for the competition. The proposed judge has to be a qualified judge for national championships. Names of candidates should be forwarded to the organizer no later than **December 15th, 2009.** Please state name and address/email address.

The panel of judges will be set soon after the closing of entries. The members concerned will then be notified. The organizer will arrange accommodation and meals for judges during the competition.

Each participating club may propose one ISU recognized Controller and ISU recognized Technical Specialist. In case of too many nominations the first entered will have the priority. The officials nominated will be posted after the closing date of entries.



Meals

It is possible to buy meals, snacks and drinks at the rink throughout the competition.

Entry fee

The entry fee is DKK 425 (57 Euro) per skater for Springs and Cubs. For Debs, Novice, Junior and Senior the entry fee is DKK 575 (77 Euro) per skater.

TILMELDING skal ske til Hberggreen@mail.dk – senest 8. December 2009

Indbetaling til Nordea konto Reg. Nr. 9427 Konto nr. 4270005689 Angiv løbernavn + isb10

Any bank fee for the bank transfer between home country and Denmark must be paid by the participating club.

Upon payment please fill in the enclosed payment form, clearly stating the name of club and return the form to the following e-mail: info@hiku.dk



Technical data

Rules for Seniors, Juniors and Novice follow the ISU Regulations.

Seniors:

According to the ISU Special Regulations & Technical Rules, Single and Pair skating 2008as well as all pertinent ISU Communications, the required elements to be skated are listed in Rule 510, paragraph 1 and 2 and – for Free Skating - Rule 520.

Juniors:

According to the ISU Regulations & Technical Rules, Single and Pair skating 2008as well as all pertinent ISU Communications, the required elements to be skated are listed in Rule 510, paragraphs 1 and 3, group A for 2008/2009 and – for Free Skating - Rule 520.

Novices:

Age and requirements in accordance with ISU Communication No. 1397 (Guidelines for Novice Competitions).
Girls and Boys Age limits:
May not be younger than ten (10) and must not have reached the age of fifteen (15) by July 1st. 2009.

Rules for Debs, Springs and Cubs

All groups, except for Cubs will be judged according to the full IJS system (exceptions see below).

Rules for "levels" and "features" follow the IJS regulations.

Debs

Participants must not have reached the age of 13 by the 1st of July 2009

Short Program

Girls and boys: max duration 2.15 min.

- a) Single or double Axel
- b) One double jump (optional) immediately preceded by connecting steps or similar free skating moves.
- c) One jump combination consisting of 2 double jumps, or one double jump and one single jump, both jumps must be different a) and b)
- d) Camel Spin executed with a minimum of 6 revolutions
- e) Spin Combination with only one change of foot and at least one change of position.
- f) Required minimum of revolutions in total: 10
- g) Step sequence fully utilizing the whole ice surface (Straight line, circular or serpentine)

Free skating

Max duration: Girls 3.00 min./Boys 3.30 min. +/- 10sec.

Maximum of 6 jump elements

- One of which must be an Axel or an Axel type jump
- Maximum of 3 jump combinations or jump sequences.
- Only one jump combination can consist of three (3) jumps. A jump sequence can consist of any number of jumps, but only the 2 most difficult will count. Only 2 jumps of 2½ or 3 rotations can be repeated in a jump combination or jump sequence.



Maximum of 3 spins of a different nature

- One of which must be a spin combination executed with a minimum of 10 revolutions in total
- Two spins of a different nature executed with a minimum of 6 revolutions each

Maximum of one (1) step sequence or spiral sequence

Springs

Participants must not have reached the age of 12 by the 1st of July 2009

Free skating:

Max duration: Girls 2.30 min./Boys 3.00 min. +/- 10 sec.

Maximum of 5 jump elements

- One of which must be an Axel or an Axel type jump.
- Maximum of 2 jump combinations or jump sequences.
- Only one jump combination can consist of three (3) jumps. A jump sequence can consist of any number of jumps, but only the 2 most difficult will count.
- Only 2 different double jumps can be repeated in a jump combination or a jump sequence.

Maximum of 3 spins of a different nature. One (1) Spin combination must be executed with a minimum of 8 revolutions.

Required number of revolutions for other spins: 5.

Maximum of one (1) step sequence or spiral sequence with at least 2 spiral positions.

Cubs

Participants must not have reached the age of 10 by the 1st of July 2009

Free skating

Max duration: Girls and boys 2.30 min. +/- 10 sec.

Maximum of 5 jump elements

- Maximum of 2 jump combinations or jump sequences.
- Only one jump combination can consist of three (3) jumps. A jump sequence can consist of any number of jumps, but only the 2 most difficult will count.

Maximum of 2 spins, at least one backward upright spin without change of foot and a minimum of 5 revolutions.

Maximum of one step sequence or spiral sequence consisting of 2 spirals (with at least 2 seconds hold)

- using both right and left foot and both outside and inside edge
- The spiral sequence must cover at least 2/3 of the ice surface.

Cubs

We kindly draw your attention to the fact that in connection with the groups Cubs a Waltz Jump will be calculated as a single individual jump, SOV equal to a single Salchow / a single Toe loop, and will count and be marked as a jump element.

The minimum hold to be countered as a spiral position is two (2) seconds.



Judging system:

The ISU judging system will be applied for all categories.

Awards

The three best placed competitors in each event will be awarded with a medal.

All competitors will receive a diploma.

Liability

In accordance with the ISU Rule 119, the Organizer assumes no responsibility for or liability with respect to bodily or personal injury or property damage incurred in connection with the present competition to: Competitors, Officials or other members of the ISU member's team.

As defined in Rule 107 of the ISU Constitution and General Regulations 2006, members are obliged to provide medical and accident insurance for their athletes, officials and all other members of the ISU member's team.

The Organizer will provide medical service during the competition

Accommodation

Rooms will be booked for the judges and technicals at:

Herløv Kro Hotel

or

Hotel Lautrupvang

Herlev Torv 9-11

Borupvang 2

DK-2730 Herlev

2750 Ballerup

Tel: +45 44 94 00 03

Tel: +45 44 68 10 00

Fax: +45 44 53 00 22

Fax: (+45) 44 97 19 86

E-mail: hotel.herlev@email.dk

E-mail: hotel@lauruppark.dk

Website

Information regarding ISBLOMSTEN 2010 can be found on our homepage: www.hiku.dk

We look forward to seeing you in Denmark for the competition ISBLOMSTEN 2010.

Should you have any questions or should you wish to require additional information, please do not hesitate to contact us.

E-mail: info@hiku.dk

Yours sincerely,

On behalf of Herlev Figure Skating Club,

Bente Fromm

Chairman of the Organizing Committee